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TOGETHER WE CAN DO IT!

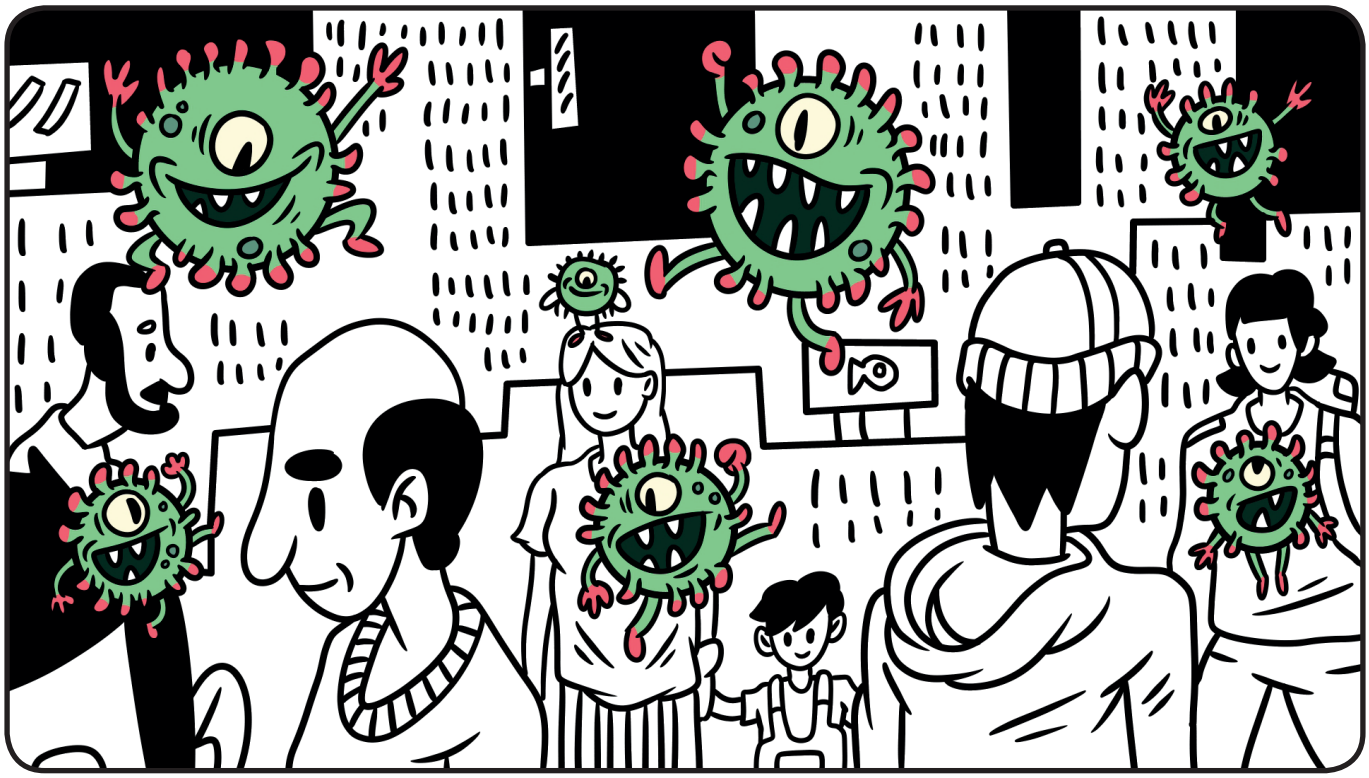
It can be difficult to talk to children about the new and challenging situation we are in. We may be tempted to fabricate or hide information "for their own good", but this information will be coming at them from all sides, regardless. Often the news is terrifying, concerning deaths and other dangers. Our children are already aware that this is an exceptional situation – even they will have to come to terms with things, and the experience can be beneficial to them in the long run.

That's why we've prepared a comic for your children, which may help introduce and explain the difficult topic in an accessible way. Try taking some time to calmly discuss the current situation. You can print out the comic (downloadable at www.ucenivpohode.cz) and read it with your kids. They can then colour in the pictures, cut them out and play a simple game while telling the story.

WHAT WILL STOP THE CORONAVIRUS?

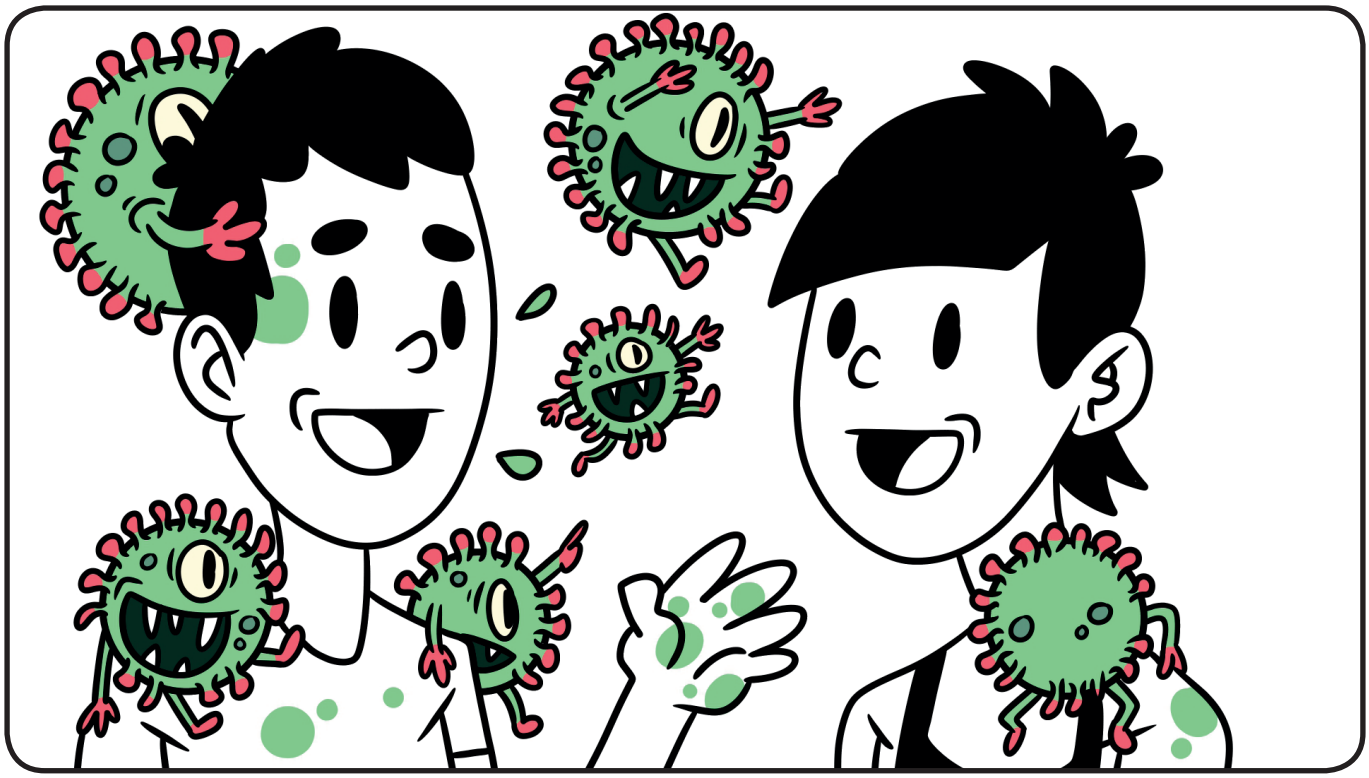
1. **The new Coronavirus first appeared in China. We think the viruses were having such a good time among the dirt and animals in one marketplace, that they grew strong enough to jump from animals to people.**

2. But we don't know very much about this Coronavirus yet. We don't know it as well as other germs that sometimes make people sick. What we do know is it loves to jump from person to person.

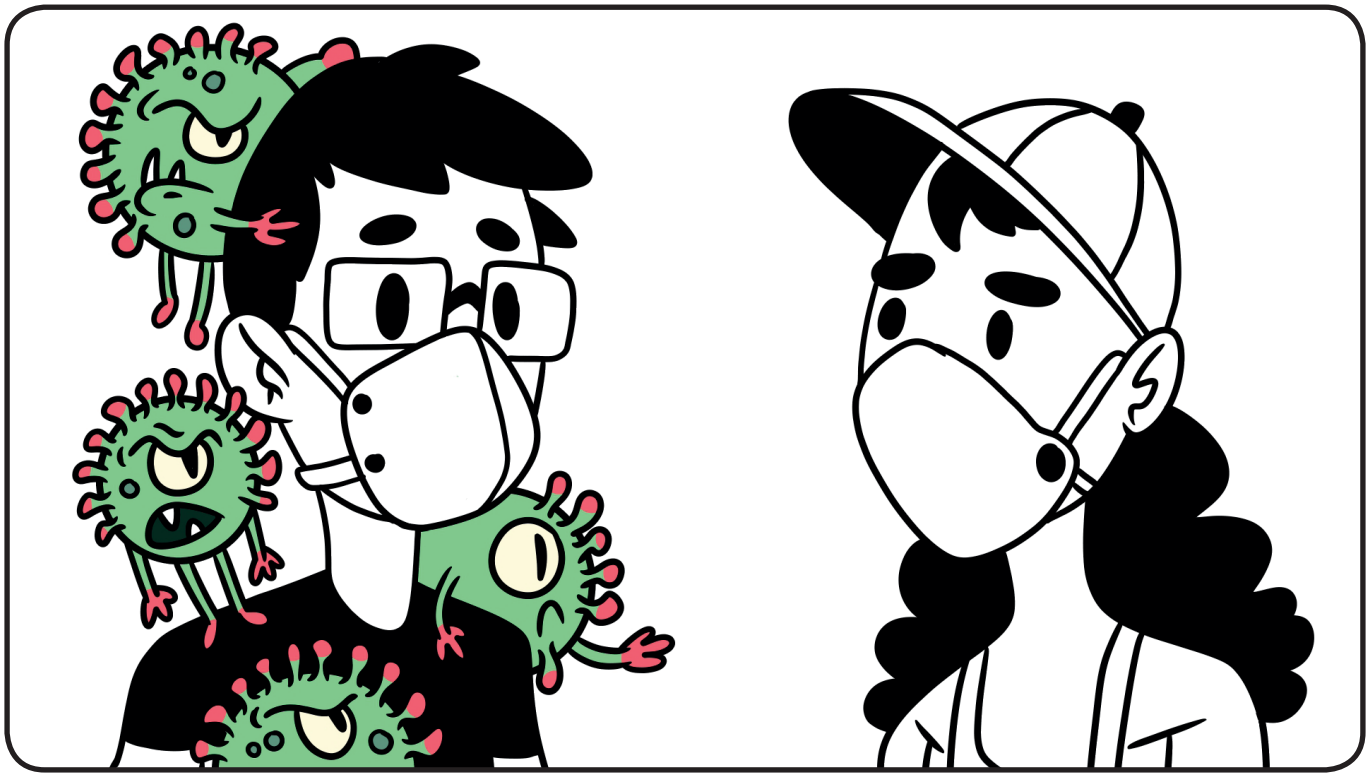


3. And when it does, things can get ugly. Sometimes people have to lie for days and days in bed – at home or even in hospital. The Coronavirus is crafty, because even when someone catches it, they can't see it straight away. That helps it spread among people without anyone knowing.

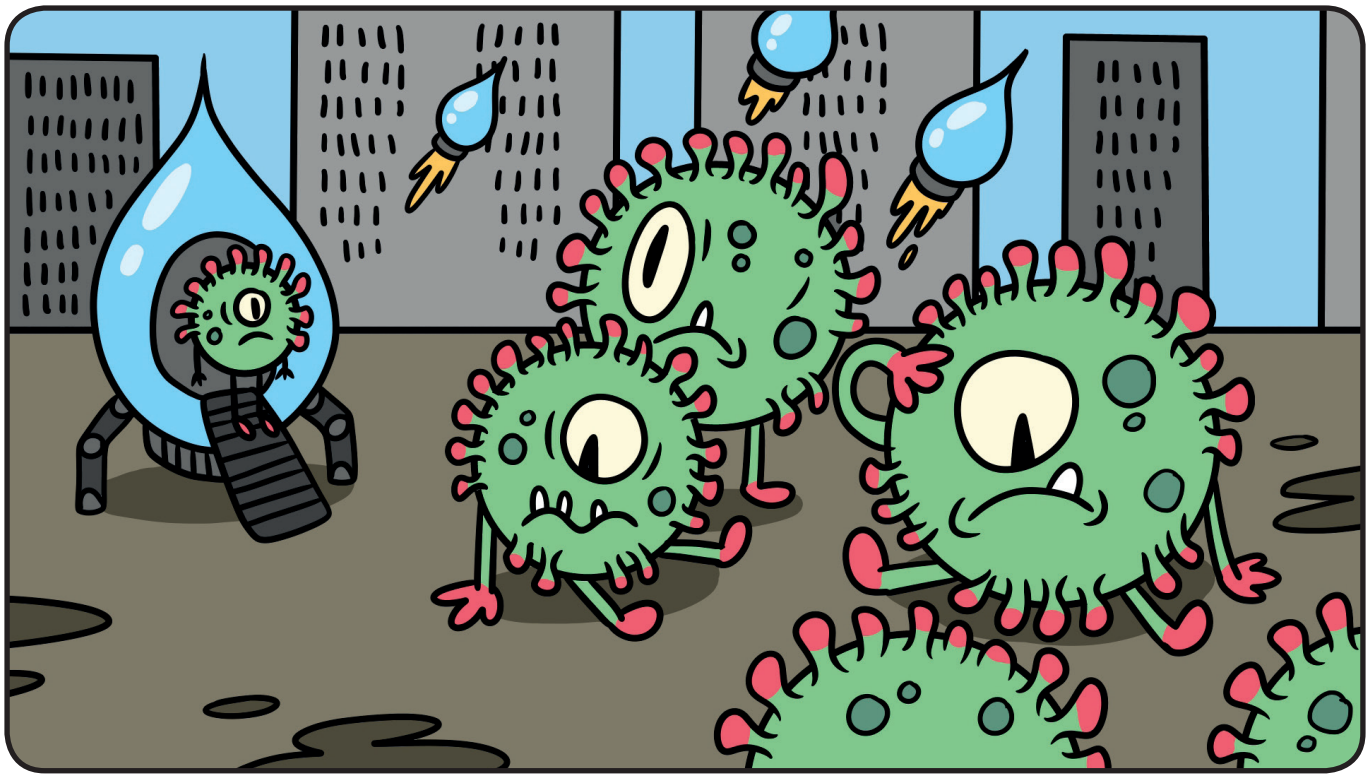
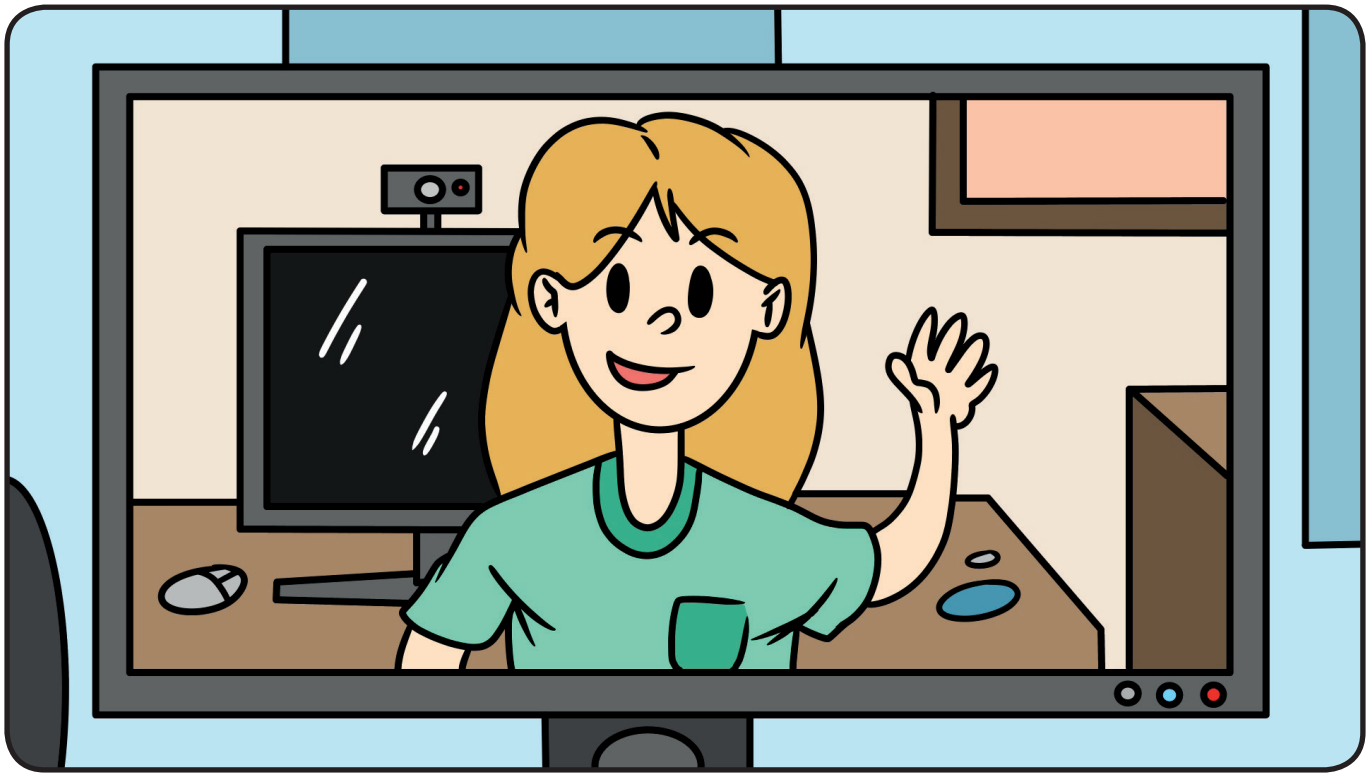
4. The Coronavirus travels in droplets that fill the air when sick people cough or sneeze. Tiny droplets full of Coronavirus get caught on our hands or things around us. If we don't protect ourselves, the Coronaviruses will jump from person to person and make everyone ill.



5. Luckily we've already learnt how to protect ourselves against Coronaviruses – in some countries people have started wearing face masks, we all wash our hands, don't put our fingers in our mouths, don't touch our eyes or noses, and don't eat anything until we've washed it first.



6. If everyone does these things – both kids and grown-ups as well, we can protect ourselves and others and the Coronaviruses will have to give up their jumping. To make it even harder for the Coronaviruses, we'll try to spend some days at home, out of reach of their jumps. They will then get weaker and weaker until they decide it's no fun trying to infect people. They'll get bored and have to leave.



7. We can all help in this fight! Now we know how to get rid of the Coronavirus. Of course it can be boring for us to just sit at home. We can't see our friends in person, go outside or to the cinema. But we know every fight takes time. If we wait long enough we'll defeat the Coronavirus!