



Report 2015-2017

of the

Task Force

on E-Health

**To the EFPA General Assembly in Amsterdam on
July 15-16, 2017**

Point to note:

1. This report covers a period of 2 years, from the General Assembly 2015 till the General Assembly 2017.
2. Reports will be included in the material to be received and read by the Delegates to the General Assembly.
3. Apart from exceptional cases, to be decided upon by the Executive Council, there will be no oral presentations of committee reports to the General Assembly.
4. All reports will be accompanied by written recommendations of the Executive Council.
5. Proposals for decisions to be taken by the General Assembly need endorsements of the Executive Council.
6. Committees will be informed about decisions of the General Assembly affecting their remit or activities.

Please send the Report by April 30 to EFPA Head Office at headoffice@efpa.eu

Report 2015 -2017

Executive summary

The newly established task force on E-Health had its first official gathering in the spring of 2016. The limited number of specific initiatives have so far been realized through the efforts of individual task force members. These have used their existing network, knowledge and efforts in combination with the expertise within the taskforce, to produce two papers, which are highly relevant for the task force. After a shift of the task force convener, a structured approach has now been set up to address the different task force priorities, through more intensive collaboration between task force members. We hope to establish a more extensive collaboration amongst taskforce members in the following years and aim to address the proposed priorities.

Introduction

This report covers the activities of the Taskforce on E-Health performed during the period July 2015 – June 2017. It starts by highlighting for which of the proposed activities specific actions already have been undertaken and furthermore also briefly addresses the plan of action for 2017-2019.

Activities

1. Activity as planned: Describe the state-of-the art according to the literature
 - 1.1. Activity as performed: The taskforce provided input and support for the conceptualization of two papers by taskforce members. A first by David Ebert on “Internet and mobile-based psychological interventions: applications, efficacy and potential for improving mental health in Europe.”, a second by Maria Karekla on “Best practices and guidelines for utilizing digital interventions to improve engagement and adherence in chronic illness sufferers”
 - 1.2. Achievements:
 - Both articles have been submitted for review, the first to the European Health Psychologist, the second to the European Psychologist.
2. Other activities
 - 2.1. Activity: Developing a structured approach to addressing each of the proposed priorities of the taskforce.
 - Determine the relative importance of the proposed priorities.

- Determine the personal preference of each of the taskforce member for all of the proposed priorities
 - Assign taskforce members to each of the priorities and let them determine a brief plan of action for each of the priorities.
 - Follow the plan of action and report intermittently on progress
- 2.2. Achievements:
- Relative importance of the proposed priorities has been determined, as well as the personal preference of TF members. By the end of June, a one page structured approach for each of the priorities will be written.

Meetings (also videoconferences, or skype meetings) during term 2015-2017

- 1) 13 May 2016, Brussels, 10 attendees
- 2) 22 June 2016, Skype, 6 attendees
- 3) 03 March 2017, online GoToMeeting, 7 attendees
- 4) Occasional exchanges on the Slack platform

Important: Information & recommendations for GA & Member Associations

The General Assembly is asked to take notice of the following:

- a. Given the initial effort to establish a working taskforce, we would like the GA & member associations to extend the mandate of the task force for the period of 2017-2019.

Proposals for decisions by GA

The General Assembly is advised to accept the following proposals:

1. At this point, no specific proposals have been made by the taskforce.

Members of the group: (name and country)

Andreas Schwerdtfeger (Austria), Tom Van Daele (Belgium), Maria Karekla (Cyprus), Kit Lisbeth Jensen (Denmark), David Ebert (Germany), Robert Urban (Hungary), Angelo Compare (Italy), Glauco Trebbi (Luxembourg), Tine Nordgreen (Norway), Svein Oeverland (Norway), João Salgado (Portugal),

Cristian Vasile (Romania), Jan Zaskalan (Slovakia), Aslı Çarkoğlu (Turkey), Jacqui Taylor (EUROPLAT)